

Indications

1. First Brush and Floss: Always brush, rinse, floss and rinse again every time before using your OraKlenz Trays.

2. Place the trays open side up and apply a line of OraKlenz Gel across all the tooth indentations. **DO NOT** touch the sides of the tray with the applicator to avoid contamination. Do not over fill the tray with gel. A small amount of medication in each tooth is all that is needed.

3. Place the upper and lower trays in your mouth using finger pressure only. The easiest way is to use your thumbs to seat the upper tray and your fingers to seat the lower. Make sure to **never bite the trays into place.**

4. Once the trays are comfortably in place, use your thumb and index finger rub and press the all the outer surfaces of the trays. Then, gently close so that the upper and lower trays make contact. This process will infuse the gel below the tissue. If you have excess gel coming out of the tray, you've used too much gel. If this happens, simply express the excess gel into the sink and use less gel at your next use.

5. If only one tray has been prescribed seat the tray as described above and use your thumb and index finger to rub and press all the outer surface of the tray. Then gently bite down until contact is made with the opposing teeth. This process will infuse the gel below the tissue.

6. Unless directed differently, keep the trays in place for 15-20 minutes. We have found the best times to treat to be after mealtimes, shower/bath times, watching shows, before bedtime, etc.

7. Once the treatment time is up, remove the trays, by grabbing them in the molar region. Express any excess gel remaining in your mouth into the sink. Then, brush (with a soft toothbrush) and rinse the trays under cool water and let them dry until the next treatment time. **DO NOT USE HOT WATER ON THE TRAYS.**

8. At least once a week, clean the trays with a good appliance cleaner such as, EverSmile White Foam appliance cleaner, available at Amazon.

9. When properly used, 1 tube of gel should last about 4 weeks. Always keep the gel in a cool dark place, such as a medicine cabinet or drawer. **DO NOT EXPOSE TO LIGHT.**



Doctor's Instructions:

Wear Time – 15 to 20 minutes

☐ 3 Times Daily ☐ 2 Times Daily ☐ Once per Day

Special Instructions:

Dr. _____ Phone _____

Important Note: OraKlenz does not replace regular brushing and flossing – If you feel any irregular or adverse reaction contact your dentist immediately.

FABRICATED BY:



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Patient Instructions

OraKlenz™

Congratulations you've taken a giant step towards improving your dental health. Your dentist has prescribed OraKlenz Dental Health Trays. These trays deliver healing OraKlenz Gel directly to the source of your infection. Please follow your dentist's treatment instructions carefully.

Here are the basic instructions for using the OraKlenz system.



CAUTION: Federal law requires a written prescription, signed by a licensed medical professional.



REV.C.MAY.2018