STEP-BY-STEP DIAGRAM:

1. Based on the starting protrusive bite position, the initial connecting rods will be pre-selected and placed on the appliance.

2. The connecting rods can be titrated in 1mm increments based on the numbering system listed on the card and on the rods.

3. Rods have **Left** and **Right** listed on them as

4. **INSERTING ROD**
   - When inserting new connecting rods, make sure that the numbers are facing lingually toward the tongue, not toward the cheek.

5. To attach the connecting rod, line up as shown and then snap it onto place.

**CHANGING RODS**

- The rods are removed from the holding bar by twisting. If a small bur remains on the rod it can be easily trimmed with a scissor.